

How to Build a Pet First Aid Kit

Every pet owner should have a pet first aid kit available in case of emergency. If you need to put one together, we have a list of many of the essential items your pet could need in the event of injury or trauma. **Keep in mind that if you give your pet first aid care, follow your treatment up with immediate veterinary attention.** First aid is not a substitute for veterinary care, but it could save your pet's life or prevent further injury until you see a veterinarian or critical care specialist.

BASIC ITEMS TO START WITH

- My Pet's Information Card Information about your pet including vaccinations, medications, and a current photo
- **Phone numbers:** veterinarian, nearest emergency veterinary clinic including directions, and a poison control center hotline
 - Animal Poison Control Center: 888-426-4435
 - DoveLewis Emergency Animal Hospital:
 503-228-7281 1945 NW Pettygrove St., Portland.
- Nylon leash
- Pet crate or carrier (a safe, calming place for your pet for transport)
- Nonstick bandages, towels, or strips of cloth to cover wounds and control bleeding
- · Gauze rolls for wrapping wounds or muzzling
- Adhesive first aid tape for bandages (human adhesive bandages should not be used on pets)

- Sterile saline eye solution (to flush out eye contaminants and wounds)
- Gloves (non-sterile or nitrile)
- · Bottled water and drinking container
- Digital pet thermometer and lubricant take a pet's temperature by inserting the thermometer rectally
- Clean towels (used with direct pressure over wounds to help control bleeding)
- Socks/T-shirt for foot bandages or warmth
- Tape (duct, masking, medical)
- Water-based lubricant
- Muzzle
- Medications your animal is currently taking (Have extra's on hand if you are able to)

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ADDITIONAL ITEMS THAT COULD BE HELPFUL

- Pet first-aid book that outlines the basics of treating wounds and injuries
- Self-cling bandage (sticks to itself but not to fur)
- Anti-bacterial wipes or pads
- Betadine solution
- Triple antibiotic ointment
- Q-tips
- Hot/cold pack (to reduce swelling. Note: Always use with a barrier (i.e.: a towel). Never use directly on pet.)
- Eye dropper to give oral medications or flush wounds
- Scissors (with blunt ends)
- Thermal Blanket (to help control shock)
- Tweezers
- Paper towels and hand sanitizer (for human use)
- Penlight



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